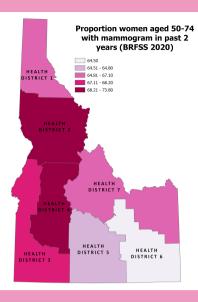
## **BREAST CANCER IN IDAHO 2023**





1 in 3 female Idahoans aged 50-74 are not up to date on breast cancer screening (no screening mammogram in the past 2 years).



On average **220 male and female** Idahoans died of breast cancer each year (2017-2021).





More than **9,600** Idahoans are living with a breast cancer diagnosis received in the prior 10 years (as of July 1, 2020).



6,687

MALIGNANT BREAST CANCERS
WERE DIAGNOSED AMONG FEMALE
IDAHOANS DURING 2016-2020



59

MALIGNANT BREAST CANCERS WERE DIAGNOSED AMONG MALE IDAHOANS DURING 2016-2020



1 IN 3

BREAST CANCERS WERE DIAGNOSED AT AN ADVANCED STAGE

## **BREAST CANCER SCREENING**

You may be eligible for FREE breast cancer screening. Idaho Women's Health Check provides free breast (and cervical) cancer screenings and diagnostic testing to low-income, uninsured women.



## **5 YEAR SURVIVAL**



11 in 100 female Idahoans will die from their cancer within five years of diagnosis.



**82 in 100** female Idahoans will still be alive within five years of diagnosis.



**7 in 100** female Idahoans will die of something other than cancer within five years of diagnosis.

## WHAT CAN YOU DO

- Know your family history of cancer and tell your provider if it changes.
- Discuss the best screening plan for you with your provider.
  - Women at **average risk** for breast cancer should get a screening mammogram every other year starting at age 40.
  - Women at **higher risk** are women with a lifetime risk of breast cancer of ~20% or more, according to risk assessment tools. These women may:
    - Have a known BRCA1 or BRCA2 gene mutation (based on having had genetic testing).
    - Have a first-degree relative (parent, sibling, or child) with a BRCA1 or BRCA2 gene mutation and have not had genetic testing themselves.
    - Have had radiation therapy to the chest when they were between the ages of 10 and 30.







