VALLEY COUNTY CANCER PROFILE

A publication from the Cancer Data Registry of Idaho, Idaho Hospital Association.

Cancer Incidence 2017–2021
Cancer Mortality 2018–2022
BRFSS 2011–2022

CANCER

Cancer is a group of over 100 different diseases, each characterized by the uncontrolled growth and spread of abnormal cells. Cancer risk increases with age and varies by gender and race. As the average age of the population increases, the incidence of cancer will increase as well.

An estimated 42% of all cancers in the United States are due to personal lifestyle factors, such as smoking and sedentary lifestyle, and are preventable (10.3322/caac.21440). Cancers are also attributable to environmental factors and gene-environment interactions. Other non-modifiable factors, such as age, sex, and family history of specific cancers, are also associated with cancer risk and can help identify people at elevated risk for developing cancer.

For some cancers, early detection can save lives. For example, colorectal cancer screening reduces mortality in adults aged 50–75 years (10.1001/jama.2017.3332). Improved primary prevention, early detection, and effective treatment can reduce the burden of cancer in Idaho.

RISK FACTORS AND INTERVENTIONS

Aging:
As the population ages, the number of new cancer cases and cancer deaths that occur each year will continue to increase. This trend could be reversed through significant improvements in primary prevention, early detection, and treatment.

Smoking:

Smoking and the use of smokeless tobacco are responsible for most cancers of the lung, trachea, bronchus, larynx, pharynx, oral cavity, and esophagus. Smoking is the leading cause of preventable death in the United States (PMID: 24455788).

Diet:
The U.S. Departments of Agriculture and Health and Human Services recommend the following dietary guidelines: eat a variety of foods; choose a diet with plenty of fruits, vegetables, and whole-grain products; limit the use of sugar, salt, and solid fats; and minimize alcoholic beverage consumption. For details, see https://www.dietaryguidelines.gov

Screening:
Early detection through screening reduces morbidity and mortality for cancers that can be diagnosed early and treated.

FOR MORE INFORMATION

Cancer Data Registry of Idaho
P.O. Box 1278
Boise, ID 83701
208-489-1380
https://www.idcancer.org

National Cancer Institute
Cancer Information Services
1-800-4CANCER
https://www.cancer.gov/contact

American Cancer Society
https://www.cancer.org

CANCER INCIDENCE 2017–2021

Nearly one in two Idahoans are estimated to develop cancer during their lifetime. During 2017–2021, 47,333 cases of invasive cancer were diagnosed among Idaho residents, and 410 cases of invasive cancer were diagnosed among Valley County residents (Table 1).

Table 1: Incidence of All Cancers, Female Breast, Prostate, Lung and Bronchus, and Colorectal Cancers in Valley County and the State of Idaho, 2017–2021

Cancer Incidence 2017–2021	Valley County	State of Idaho
All Sites/Types	**410**	**47,333**
Female Breast	**58**	**6,943**
Prostate	**94**	**6,766**
Lung & Bronchus	**29**	**4,959**
Colorectal	**27**	**3,632**

Table 3 (*Cancer Incidence 2017–2021, Comparison between Valley County and the Remainder of the State of Idaho*) shows the number of observed cases, person-years, crude rates, age- and sex-adjusted rates, expected number of cases based upon age- and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected cases in Valley County. The table also shows the number of observed cases, person-years, and crude rates for the remainder of the state of Idaho. Comparisons between the county and the remainder of the state were made for all cancers combined, 23 invasive cancer types, in situ breast cancer, non-malignant brain and other central nervous system tumors, and pediatric (0–19 years) cancer. Separate comparisons for males, females, and both sexes combined are included.

As shown in Table 3, the crude incidence rate of invasive cancer in Valley County was 716.1 cases per 100,000 person-years per year during 2017–2021. Comparing this crude rate with the crude rate for the remainder of Idaho (525.2) gives an estimate of the relative burden of disease in Valley County.

The age- and sex-adjusted incidence rate of invasive cancer in Valley County, all sites combined, was 500.5 cases per 100,000 persons per year during 2017–2021. There were fewer cases of cancer in Valley County (410) than expected (430.2) based upon rates in the remainder of the state, but the difference was not statistically significant.

There are many reasons why cancer incidence rates differ by county, such as the prevalence of smoking and other lifestyle factors, and access to healthcare.

CANCER MORTALITY 2018–2022

During 2018–2022, cancer was the second leading cause of death in Idaho; 15,233 Idaho residents and 113 Valley County residents died from cancer during this period. Most cancer deaths are from five primary sites: lung, colon, pancreas, female breast, and prostate (Table 2).

Table 2: Overall and Cancer Mortality in Valley County and the State of Idaho, 2018–2022

Mortality 2018–2022	Valley County	State of Idaho
All Deaths	**434**	**80,538**
Cancer Deaths	**113**	**15,233**
% of All Deaths	*26.0%*	*18.9%*
Lung & Bronchus	**18**	**2,937**
Colorectal	**8**	**1,332**
Pancreas	**9**	**1,190**
Female Breast	**7**	**1,111**
Prostate	**10**	**997**

Table 4 (*Cancer Mortality 2018–2022, Comparison between Valley County and the Remainder of the State of Idaho*) shows the number of observed deaths, person-years, crude rates, age- and sex-adjusted rates, expected number of deaths based upon age- and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected deaths for Valley County. The table also shows the number of observed deaths, person-years, and crude rates for the remainder of the state of Idaho. Comparisons between the county and the remainder of the state were made for all deaths, all cancer deaths, and 21 specific cancer types. Separate comparisons for males, females, and both sexes combined are included.

The age- and sex-adjusted cancer mortality rate for Valley County, all sites combined, was 134.7 deaths per 100,000 persons per year during 2018–2022, compared with 165.2 for the remainder of the state. There were statistically significantly fewer cancer deaths in Valley County (113) than expected (138.6) based upon rates in the remainder of the state (p=.029).

Statistical Note: Rates and percentages based upon 12 or fewer cases or deaths (numerator) should be interpreted with caution.
Data Note: Mortality data may differ slightly from published official statistics from the Bureau of Vital Records and Health Statistics.

TABLE 3: CANCER INCIDENCE 2017–2021
COMPARISON BETWEEN VALLEY COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cancer Site/Type	Sex	Valley County						Remainder of Idaho		
		Observed Cases	Person Years	Crude Rate (1)	A.A.I. Rate (1,2)	Expected Cases (3)	P-Value (4)	Observed Cases	Person Years	Crude Rate (1)
All Sites Combined	Total	410	57,253	716.1	500.5	430.2	0.342	46,923	8,934,853	525.2
All Sites Combined	Male	252	29,534	853.3	548.2	256.5	0.809	25,018	4,482,739	558.1
All Sites Combined	Female	158	27,719	570.0	429.9	180.8	0.092	21,905	4,452,114	492.0
Bladder	Total	20	57,253	34.9	23.7	20.8	0.979	2,200	8,934,853	24.6
Bladder	Male	16	29,534	54.2	33.7	18.6	0.646	1,757	4,482,739	39.2
Bladder	Female	4	27,719	14.4	10.6	3.8	1.000	443	4,452,114	10.0
Brain - malignant	Total	4	57,253	7.0	5.4	5.4	0.752	653	8,934,853	7.3
Brain - malignant	Male	2	29,534	6.8	5.0	3.4	0.695	380	4,482,739	8.5
Brain - malignant	Female	2	27,719	7.2	5.9	2.1	1.000	273	4,452,114	6.1
Brain and other CNS - non-malignant	Total	6	57,253	10.5	7.8	13.3	0.045 <<	1,541	8,934,853	17.2
Brain and other CNS - non-malignant	Male	2	29,534	6.8	4.9	4.6	0.335	498	4,482,739	11.1
Brain and other CNS - non-malignant	Female	4	27,719	14.4	11.2	8.3	0.163	1,043	4,452,114	23.4
Breast	Total	58	57,253	101.3	71.9	62.8	0.599	6,950	8,934,853	77.8
Breast	Male	-	29,534	-	-	0.6	1.000	65	4,482,739	1.5
Breast	Female	58	27,719	209.2	155.2	57.8	1.000	6,885	4,452,114	154.6
Breast - in situ	Total	8	57,253	14.0	9.8	12.4	0.260	1,361	8,934,853	15.2
Breast - in situ	Male	-	29,534	-	-	0.0	1.000	4	4,482,739	0.1
Breast - in situ	Female	8	27,719	28.9	21.0	11.6	0.365	1,357	4,452,114	30.5
Cervix	Female	4	27,719	14.4	12.6	2.1	0.308	290	4,452,114	6.5
Colorectal	Total	27	57,253	47.2	33.9	32.1	0.423	3,605	8,934,853	40.3
Colorectal	Male	19	29,534	64.3	43.4	19.1	1.000	1,958	4,482,739	43.7
Colorectal	Female	8	27,719	28.9	22.2	13.3	0.173	1,647	4,452,114	37.0
Corpus Uteri	Female	7	27,719	25.3	18.2	11.6	0.214	1,347	4,452,114	30.3
Esophagus	Total	5	57,253	8.7	6.0	4.7	1.000	502	8,934,853	5.6
Esophagus	Male	4	29,534	13.5	8.6	4.4	1.000	425	4,482,739	9.5
Esophagus	Female	1	27,719	3.6	2.7	0.6	0.942	77	4,452,114	1.7
Hodgkin Lymphoma	Total	3	57,253	5.2	4.9	1.5	0.387	219	8,934,853	2.5
Hodgkin Lymphoma	Male	3	29,534	10.2	8.8	1.0	0.147	126	4,482,739	2.8
Hodgkin Lymphoma	Female	-	27,719	-	-	0.6	1.000	93	4,452,114	2.1
Kidney and Renal Pelvis	Total	16	57,253	27.9	19.7	17.6	0.829	1,935	8,934,853	21.7
Kidney and Renal Pelvis	Male	11	29,534	37.2	24.9	12.8	0.742	1,299	4,482,739	29.0
Kidney and Renal Pelvis	Female	5	27,719	18.0	13.5	5.3	1.000	636	4,452,114	14.3
Larynx	Total	1	57,253	1.7	1.2	2.0	0.790	219	8,934,853	2.5
Larynx	Male	1	29,534	3.4	2.2	1.7	0.991	166	4,482,739	3.7
Larynx	Female	-	27,719	-	-	0.5	1.000	53	4,452,114	1.2
Leukemia	Total	13	57,253	22.7	16.5	15.1	0.706	1,714	8,934,853	19.2
Leukemia	Male	8	29,534	27.1	18.4	10.0	0.669	1,028	4,482,739	22.9
Leukemia	Female	5	27,719	18.0	14.0	5.5	1.000	686	4,452,114	15.4
Liver and Bile Duct	Total	5	57,253	8.7	5.8	8.1	0.361	838	8,934,853	9.4
Liver and Bile Duct	Male	4	29,534	13.5	8.4	6.3	0.503	590	4,482,739	13.2
Liver and Bile Duct	Female	1	27,719	3.6	2.6	2.2	0.730	248	4,452,114	5.6
Lung and Bronchus	Total	29	57,253	50.7	33.7	47.4	0.006 <<	4,930	8,934,853	55.2
Lung and Bronchus	Male	10	29,534	33.9	20.7	26.8	0.000 <<	2,485	4,482,739	55.4
Lung and Bronchus	Female	19	27,719	68.5	49.4	21.1	0.750	2,445	4,452,114	54.9
Melanoma of the Skin	Total	38	57,253	66.4	48.2	27.4	0.063	3,106	8,934,853	34.8
Melanoma of the Skin	Male	22	29,534	74.5	49.7	18.5	0.472	1,873	4,482,739	41.8
Melanoma of the Skin	Female	16	27,719	57.7	45.2	9.8	0.084	1,233	4,452,114	27.7
Myeloma	Total	8	57,253	14.0	9.5	6.8	0.734	720	8,934,853	8.1
Myeloma	Male	6	29,534	20.3	13.0	4.5	0.606	441	4,482,739	9.8
Myeloma	Female	2	27,719	7.2	5.2	2.4	1.000	279	4,452,114	6.3
Non-Hodgkin Lymphoma	Total	16	57,253	27.9	19.8	17.9	0.767	1,976	8,934,853	22.1
Non-Hodgkin Lymphoma	Male	12	29,534	40.6	27.0	11.3	0.902	1,134	4,482,739	25.3
Non-Hodgkin Lymphoma	Female	4	27,719	14.4	10.9	7.0	0.355	842	4,452,114	18.9
Oral Cavity and Pharynx	Total	18	57,253	31.4	21.5	12.1	0.137	1,297	8,934,853	14.5
Oral Cavity and Pharynx	Male	15	29,534	50.8	33.0	9.4	0.109	925	4,482,739	20.6
Oral Cavity and Pharynx	Female	3	27,719	10.8	7.9	3.2	1.000	372	4,452,114	8.4
Ovary	Female	3	27,719	10.8	8.2	4.5	0.679	550	4,452,114	12.4
Pancreas	Total	9	57,253	15.7	10.8	13.8	0.237	1,479	8,934,853	16.6
Pancreas	Male	4	29,534	13.5	8.6	8.5	0.145	822	4,482,739	18.3
Pancreas	Female	5	27,719	18.0	13.3	5.5	1.000	657	4,452,114	14.8
Prostate	Male	94	29,534	318.3	192.2	72.8	0.019 >>	6,672	4,482,739	148.8
Stomach	Total	1	57,253	1.7	1.2	4.3	0.147	473	8,934,853	5.3
Stomach	Male	1	29,534	3.4	2.2	3.1	0.369	306	4,482,739	6.8
Stomach	Female	-	27,719	-	-	1.3	0.532	167	4,452,114	3.8
Testis	Male	2	29,534	6.8	7.6	1.6	0.942	272	4,482,739	6.1
Thyroid	Total	2	57,253	3.5	3.0	8.9	0.013 <<	1,183	8,934,853	13.2
Thyroid	Male	-	29,534	-	-	3.3	0.077	372	4,482,739	8.3
Thyroid	Female	2	27,719	7.2	6.4	5.7	0.159	811	4,452,114	18.2
Pediatric Age 0 to 19	Total	1	11,117	9.0	9.1	1.9	0.882	424	2,488,207	17.0
Pediatric Age 0 to 19	Male	1	5,694	17.6	17.6	1.0	1.000	213	1,268,627	16.8
Pediatric Age 0 to 19	Female	-	5,423	-	-	0.9	0.799	211	1,219,580	17.3

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).

2. Age and sex-adjusted incidence (A.A.I.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.

3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).

4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.

"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Note: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

TABLE 4: CANCER MORTALITY 2018–2022
COMPARISON BETWEEN VALLEY COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cause of Death Cancer Site/Type	Sex	Valley County						Remainder of Idaho		
		Observed Deaths	Person Years	Crude Rate (1)	A.A.M. Rate (1,2)	Expected Deaths (3)	P-Value (4)	Observed Deaths	Person Years	Crude Rate (1)
All Causes of Death	Total	434	59,017	735.4	556.4	682.6	0.000 <<	80,101	9,152,377	875.2
All Causes of Death	Male	256	30,464	840.3	573.5	413.0	0.000 <<	42,530	4,597,233	925.1
All Causes of Death	Female	178	28,553	623.4	526.2	279.0	0.000 <<	37,571	4,555,144	824.8
All Malignant Cancers	Total	113	59,017	191.5	134.7	138.6	0.029 <<	15,120	9,152,377	165.2
All Malignant Cancers	Male	62	30,464	203.5	130.4	84.5	0.013 <<	8,173	4,597,233	177.8
All Malignant Cancers	Female	51	28,553	178.6	136.9	56.8	0.489	6,947	4,555,144	152.5
Bladder	Total	5	59,017	8.5	6.2	4.2	0.830	480	9,152,377	5.2
Bladder	Male	3	30,464	9.8	6.4	3.8	0.949	372	4,597,233	8.1
Bladder	Female	2	28,553	7.0	5.8	0.8	0.400	108	4,555,144	2.4
Brain and Other Nervous System	Total	6	59,017	10.2	7.3	4.6	0.624	512	9,152,377	5.6
Brain and Other Nervous System	Male	5	30,464	16.4	11.2	2.8	0.291	284	4,597,233	6.2
Brain and Other Nervous System	Female	1	28,553	3.5	2.7	1.9	0.879	228	4,555,144	5.0
Breast	Total	7	59,017	11.9	8.6	9.9	0.454	1,117	9,152,377	12.2
Breast	Male	-	30,464	-	-	0.1	1.000	13	4,597,233	0.3
Breast	Female	7	28,553	24.5	19.1	8.9	0.675	1,104	4,555,144	24.2
Cervix	Female	1	28,553	3.5	2.8	0.7	0.982	87	4,555,144	1.9
Colorectal	Total	8	59,017	13.6	9.8	11.8	0.332	1,324	9,152,377	14.5
Colorectal	Male	3	30,464	9.8	6.6	7.3	0.139	729	4,597,233	15.9
Colorectal	Female	5	28,553	17.5	13.8	4.7	1.000	595	4,555,144	13.1
Corpus Uteri	Female	1	28,553	3.5	2.5	1.5	1.000	168	4,555,144	3.7
Esophagus	Total	-	59,017	-	-	4.4	0.025 <<	461	9,152,377	5.0
Esophagus	Male	-	30,464	-	-	4.1	0.032 <<	391	4,597,233	8.5
Esophagus	Female	-	28,553	-	-	0.6	1.000	70	4,555,144	1.5
Hodgkin Lymphoma	Total	-	59,017	-	-	0.2	1.000	25	9,152,377	0.3
Hodgkin Lymphoma	Male	-	30,464	-	-	0.1	1.000	14	4,597,233	0.3
Hodgkin Lymphoma	Female	-	28,553	-	-	0.1	1.000	11	4,555,144	0.2
Kidney	Total	-	59,017	-	-	3.6	0.054	386	9,152,377	4.2
Kidney	Male	-	30,464	-	-	2.6	0.150	246	4,597,233	5.4
Kidney	Female	-	28,553	-	-	1.2	0.629	140	4,555,144	3.1
Larynx	Total	2	59,017	3.4	2.4	0.7	0.299	74	9,152,377	0.8
Larynx	Male	1	30,464	3.3	2.1	0.6	0.956	64	4,597,233	1.4
Larynx	Female	1	28,553	3.5	2.4	0.1	0.175	10	4,555,144	0.2
Leukemia	Total	6	59,017	10.2	7.4	5.9	1.000	659	9,152,377	7.2
Leukemia	Male	4	30,464	13.1	8.6	4.0	1.000	393	4,597,233	8.5
Leukemia	Female	2	28,553	7.0	5.6	2.1	1.000	266	4,555,144	5.8
Liver and Bile Duct	Total	4	59,017	6.8	4.5	6.1	0.550	631	9,152,377	6.9
Liver and Bile Duct	Male	3	30,464	9.8	6.1	4.5	0.686	420	4,597,233	9.1
Liver and Bile Duct	Female	1	28,553	3.5	2.6	1.8	0.925	211	4,555,144	4.6
Lung and Bronchus	Total	18	59,017	30.5	20.7	27.7	0.068	2,919	9,152,377	31.9
Lung and Bronchus	Male	7	30,464	23.0	14.2	16.4	0.015 <<	1,534	4,597,233	33.4
Lung and Bronchus	Female	11	28,553	38.5	28.7	11.7	1.000	1,385	4,555,144	30.4
Melanoma of the Skin	Total	3	59,017	5.1	3.7	2.6	0.988	298	9,152,377	3.3
Melanoma of the Skin	Male	1	30,464	3.3	2.2	2.0	0.821	199	4,597,233	4.3
Melanoma of the Skin	Female	2	28,553	7.0	5.5	0.8	0.373	99	4,555,144	2.2
Myeloma	Total	4	59,017	6.8	4.7	3.0	0.695	321	9,152,377	3.5
Myeloma	Male	2	30,464	6.6	4.1	2.0	1.000	186	4,597,233	4.0
Myeloma	Female	2	28,553	7.0	5.4	1.1	0.608	135	4,555,144	3.0
Non-Hodgkin Lymphoma	Total	7	59,017	11.9	8.5	5.0	0.487	561	9,152,377	6.1
Non-Hodgkin Lymphoma	Male	5	30,464	16.4	10.7	3.1	0.403	305	4,597,233	6.6
Non-Hodgkin Lymphoma	Female	2	28,553	7.0	5.6	2.0	1.000	256	4,555,144	5.6
Oral Cavity and Pharynx	Total	2	59,017	3.4	2.3	2.6	1.000	273	9,152,377	3.0
Oral Cavity and Pharynx	Male	2	30,464	6.6	4.1	2.0	1.000	190	4,597,233	4.1
Oral Cavity and Pharynx	Female	-	28,553	-	-	0.7	0.996	83	4,555,144	1.8
Ovary	Female	-	28,553	-	-	3.1	0.093	361	4,555,144	7.9
Pancreas	Total	9	59,017	15.2	10.4	11.2	0.639	1,181	9,152,377	12.9
Pancreas	Male	4	30,464	13.1	8.2	6.9	0.369	646	4,597,233	14.1
Pancreas	Female	5	28,553	17.5	13.0	4.5	0.941	535	4,555,144	11.7
Prostate	Male	10	30,464	32.8	21.2	10.1	1.000	987	4,597,233	21.5
Stomach	Total	1	59,017	1.7	1.3	1.7	1.000	193	9,152,377	2.1
Stomach	Male	1	30,464	3.3	2.2	1.2	1.000	118	4,597,233	2.6
Stomach	Female	-	28,553	-	-	0.6	1.000	75	4,555,144	1.6

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).
2. Age and sex-adjusted mortality (A.A.M.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.
3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).
4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.
"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Notes: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.
Mortality statistics presented differ from BVRHS official statistics due to differences in methodology.

Data Source: Bureau of Vital Records and Health Statistics (BVRHS), Division of Public Health, Idaho Department of Health and Welfare, 2023.

Cancer Screening and Risk Factors

The Division of Public Health (DPH), Idaho Department of Health and Welfare, under a cooperative agreement with the Centers for Disease Control and Prevention, has conducted telephone Behavioral Risk Factor Surveys since 1984. These surveys are conducted with randomly selected adult Idahoans to measure population prevalences of risk factors for major causes of death in the U.S., including cancer. DPH provided Behavioral Risk Factor Surveillance System (BRFSS) data from 2011 through 2022 to CDRI staff, who performed the analyses reported in these *County Profiles*. Analysis weights were post-stratified to 2022 population estimates by age group, sex, and county, beginning with the BRFSS raked weights. Not all questions were asked in all years. Crude prevalence estimates are presented herein; a minimum of 50 respondents was required to generate county-level statistics. Results may differ from IDHW reports due to differences in methods. Cancer screening and risk factor measures were selected to assist in monitoring *Comprehensive Cancer Alliance for Idaho* (CCAI) objectives. Wald log-linear chi-square statistics were used to test for independence of the selected measures and other variables, such as age and race, taking the complex survey design into account.

Cancer Screening and Risk Factor Prevalence Estimates, 2011–2022

Measure	State of Idaho	HD 1	HD 2	HD 3	HD 4	HD 5	HD 6	HD 7	Valley County
Access to Care									
Have Health Insurance, Age < 65 (2021–2022)	90.0%	89.3%	87.8%	86.4%	92.6%	87.2%	89.1%	92.6%	.
Not See Doctor Due to Cost in Past Year (2020–2022)	10.4%	9.5%	11.0%	11.0%	10.2%	10.2%	10.4%	11.3%	10.0%
Cancer Screening									
Mammogram Past 2 Years, Age 40–74 (2014–2022, even years)	62.9%	61.0%	70.0%	60.3%	66.1%	58.9%	61.0%	62.5%	60.5%
Pap Test Past 3 Years, Cervix Intact Age 21–65 (2018, 2020)	71.1%	73.7%	73.6%	70.9%	72.9%	69.4%	69.3%	65.5%	.
Colorectal Cancer Screening, Age 45–75 (2022)	63.3%	61.0%	62.5%	60.8%	67.2%	65.0%	60.4%	60.2%	.
Tobacco Use									
Current Tobacco User (2020–2022)	22.1%	24.3%	20.4%	24.8%	21.3%	22.5%	22.6%	18.1%	23.2%
Other Cancer-Related									
Healthy Weight by Body Mass Index, Age 20+ (2020–2022)	30.0%	30.0%	30.1%	26.5%	33.7%	27.5%	26.7%	30.2%	44.0%
Any Physical Activity Besides Job Past 30 Days (2018–2022)	79.1%	79.0%	78.0%	75.4%	82.7%	75.2%	76.7%	81.0%	80.7%
Meet Physical Activity Guidelines (2011, 2013, 2015, 2017, 2019)	22.0%	22.8%	19.2%	20.0%	25.2%	19.5%	20.4%	20.3%	26.3%
Home Ever Tested for Radon (2016, 2018, 2020)	22.9%	30.8%	18.3%	16.9%	25.2%	20.1%	23.0%	21.0%	29.9%

Access to Care

Have Health Insurance – 2021–2022
Statewide, 90.0% of adults aged 18–64 reported having health care coverage. Health care coverage differed significantly by race/ethnicity, with 91.4% of white non-Hispanics, compared to 81.5% of Hispanics and 90.5% of Native Americans, having health insurance. Spanish-speaking respondents were significantly less likely to be insured (46.0%) than English-speaking respondents (90.5%). Health care coverage differed significantly by age of respondent, with 87.2% of persons aged 18–29, and 93.4% of persons aged 50–64, having health insurance. Health care coverage differed significantly by county, with a range of 64.8% in Idaho County to 95.9% in Shoshone County having health insurance.

Not See Doctor Due to Cost in Past Year – 2020–2022
Statewide, 10.4% of adults aged 18+ reported they needed to see a doctor but could not because of cost sometime in the past 12 months. Inability to see a doctor due to cost differed significantly by race/ethnicity (9.2% of white non-Hispanics, 16.9% of Hispanics, and 15.7% of Native Americans). Inability to see a doctor due to cost differed significantly by annual household income (21.9% for less than $15,000, 5.8% for greater than $50,000).

Cancer Screening

Mammogram – 2014–2022, even years
Statewide, 62.9% of women aged 40–74 reported having a mammogram in the past 2 years. Insured women were about twice as likely to have had a mammogram in the past 2 years (66.3% versus 31.2%). Mammography rates differed significantly by county, with a range in screening of 41.6% in Owyhee County to 76.1% in Nez Perce County. In 2022, Idaho ranked 49th among states and the District of Columbia for mammography screening rates among women aged 40+.

Pap Test – 2018, 2020
Statewide, 71.1% of women with an intact cervix and aged 21–65 reported having a Pap test in the past 3 years. Women with health insurance were significantly more likely to have timely Pap screening than uninsured women (75.0% versus 52.8% screened in the past 3 years). Pap screening differed significantly by county, with a range of 50.6% in Bingham County to 78.9% in Bannock County. In 2020, Idaho ranked 49th among states and the District of Columbia for Pap screening rate.

Colorectal Cancer Screening – 2022
Statewide, 63.3% of adults aged 45–75 reported being current for colorectal cancer screening.** Persons with health insurance were over twice as likely to be current for colorectal cancer screening. In 2022, Idaho ranked 42nd among states and the District of Columbia in the percentage of adults aged 45–75 and older who reported being up-to-date for colorectal cancer screening.

** Current for colorectal cancer screening means a blood stool test in the past year, sigmoidoscopy in the past 5 years and blood stool test in the past 3 years, blood stool DNA test in the past 3 years, virtual colonoscopy in the past 5 years, or a colonoscopy in the past 10 years.

Cancer Screening and Risk Factors

Tobacco Use

Current Tobacco Use – 2020–2022
Current tobacco use includes at least 1 form of cigarettes; cigars, cigarillos, filtered little cigars; regular pipes, water pipes, hookah; e-cigarettes; and/or smokeless tobacco products every day or some days. Statewide, 22.1% of adults aged 18 and older were current tobacco users. Tobacco use differed significantly by age of respondent, with 28.9% of persons aged 18–29, and 10.7% of persons aged 65 and older reporting current tobacco use. Tobacco use was lower among white non-Hispanics (21.5%) than among Native Americans (38.0%). Tobacco use differed significantly by county, with a range of 6.1% in Madison County to 33.5% in Elmore County. Counties with higher rates of tobacco use had significantly higher rates of lung cancer.

Other Cancer-Related

Healthy Weight by Body Mass Index – 2020–2022
Statewide, 30.0% of adults aged 20 and older were in the healthy weight range as measured by body mass index (BMI 18.5–24.9). BMI differed significantly by race/ethnicity, with 30.5% of white non-Hispanics, compared to 25.8% of Hispanics and 21.5% of Native Americans, being in the healthy weight range. Males (24.4%) were significantly less likely to be in the healthy weight range than females (35.7%). BMI differed significantly by age of respondent, with 41.1% of persons aged 18–29, and 23.4% of persons aged 50–64, being in the healthy weight range. BMI differed significantly by county, with a range of 11.7% in Power County to 44.3% in Blaine County of adults being in the healthy weight range.

Any Physical Activity – 2018-2022
CCAI is measuring physical activity with two metrics: Any physical activity besides job in past 30 days and meeting aerobic and strength physical activity guidelines during the past month or week. Statewide, 79.1% of adults aged 18 and older reported physical activity besides their job in the past 30 days. Physical activity differed significantly by age of respondent, with 83.7% of persons aged 18–29, and 72.5% of persons aged 65+, reporting any physical activity besides their job. The percentage of adults reporting any physical activity differed significantly by county, with a range of 66.9% in Oneida County to 88.3% in Teton County. Counties with higher rates of physical activity had significantly lower rates of overall and colorectal cancer.

Physical Activity Guidelines – 2011, 2013, 2015, 2017, 2019
Statewide, 22.0% of adults aged 18 and older met aerobic and strength physical activity guidelines during the past month or week. Meeting physical activity guidelines differed significantly by age of respondent, with 26.2% of persons aged 18–29, and 19.2% of persons aged 50–64, meeting guidelines. The percentage of adults meeting physical activity guidelines differed significantly by county, with a range of 9.5% in Franklin County to 30.7% in Blaine County.

Home Radon Testing – 2016, 2018, 2020
Statewide, 22.9% of adults have ever tested their house for radon. Radon test usage varied significantly by race/ethnicity, with 25.1% of white non-Hispanics, 7.3% of Hispanics, and 25.4% of Native Americans having ever tested their house for radon. Radon test usage was higher for persons aged 50+ than for younger persons. Home radon testing differed significantly by county, with a range of 8.7% in Cassia County to 54.7% in Blaine County.

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CDRI Cancer Data Registry of Idaho

Idaho Hospital Association