BENEWAH COUNTY CANCER PROFILE

A publication from the Cancer Data Registry of Idaho, Idaho Hospital Association.

Cancer Incidence 2017–2021
Cancer Mortality 2018–2022
BRFSS 2011–2022

CANCER

Cancer is a group of over 100 different diseases, each characterized by the uncontrolled growth and spread of abnormal cells. Cancer risk increases with age and varies by gender and race. As the average age of the population increases, the incidence of cancer will increase as well.

An estimated 42% of all cancers in the United States are due to personal lifestyle factors, such as smoking and sedentary lifestyle, and are preventable (10.3322/caac.21440). Cancers are also attributable to environmental factors and gene-environment interactions. Other non-modifiable factors, such as age, sex, and family history of specific cancers, are also associated with cancer risk and can help identify people at elevated risk for developing cancer.

For some cancers, early detection can save lives. For example, colorectal cancer screening reduces mortality in adults aged 50–75 years (10.1001/jama.2017.3332). Improved primary prevention, early detection, and effective treatment can reduce the burden of cancer in Idaho.

RISK FACTORS AND INTERVENTIONS

Aging:
As the population ages, the number of new cancer cases and cancer deaths that occur each year will continue to increase. This trend could be reversed through significant improvements in primary prevention, early detection, and treatment.

Smoking:

Smoking and the use of smokeless tobacco are responsible for most cancers of the lung, trachea, bronchus, larynx, pharynx, oral cavity, and esophagus. Smoking is the leading cause of preventable death in the United States (PMID: 24455788).

Diet:
The U.S. Departments of Agriculture and Health and Human Services recommend the following dietary guidelines: eat a variety of foods; choose a diet with plenty of fruits, vegetables, and whole-grain products; limit the use of sugar, salt, and solid fats; and minimize alcoholic beverage consumption. For details, see https://www.dietaryguidelines.gov

Screening:
Early detection through screening reduces morbidity and mortality for cancers that can be diagnosed early and treated.

FOR MORE INFORMATION

Cancer Data Registry of Idaho
P.O. Box 1278
Boise, ID 83701
208-489-1380
https://www.idcancer.org

National Cancer Institute
Cancer Information Services
1-800-4CANCER
https://www.cancer.gov/contact

American Cancer Society
https://www.cancer.org

CANCER INCIDENCE 2017–2021

Nearly one in two Idahoans are estimated to develop cancer during their lifetime. During 2017–2021, 47,333 cases of invasive cancer were diagnosed among Idaho residents, and 310 cases of invasive cancer were diagnosed among Benewah County residents (Table 1).

Table 1: Incidence of All Cancers, Female Breast, Prostate, Lung and Bronchus, and Colorectal Cancers in Benewah County and the State of Idaho, 2017–2021

Cancer Incidence 2017–2021	Benewah County	State of Idaho
All Sites/Types	**310**	**47,333**
Female Breast	**43**	**6,943**
Prostate	**38**	**6,766**
Lung & Bronchus	**41**	**4,959**
Colorectal	**24**	**3,632**

Table 3 (*Cancer Incidence 2017–2021, Comparison between Benewah County and the Remainder of the State of Idaho*) shows the number of observed cases, person-years, crude rates, age- and sex-adjusted rates, expected number of cases based upon age- and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected cases in Benewah County. The table also shows the number of observed cases, person-years, and crude rates for the remainder of the state of Idaho. Comparisons between the county and the remainder of the state were made for all cancers combined, 23 invasive cancer types, in situ breast cancer, non-malignant brain and other central nervous system tumors, and pediatric (0–19 years) cancer. Separate comparisons for males, females, and both sexes combined are included.

As shown in Table 3, the crude incidence rate of invasive cancer in Benewah County was 658.7 cases per 100,000 person-years per year during 2017–2021. Comparing this crude rate with the crude rate for the remainder of Idaho (525.7) gives an estimate of the relative burden of disease in Benewah County.

The age- and sex-adjusted incidence rate of invasive cancer in Benewah County, all sites combined, was 498.9 cases per 100,000 persons per year during 2017–2021. There were fewer cases of cancer in Benewah County (310) than expected (326.7) based upon rates in the remainder of the state, but the difference was not statistically significant.

There are many reasons why cancer incidence rates differ by county, such as the prevalence of smoking and other lifestyle factors, and access to healthcare.

CANCER MORTALITY 2018–2022

During 2018–2022, cancer was the second leading cause of death in Idaho; 15,233 Idaho residents and 121 Benewah County residents died from cancer during this period. Most cancer deaths are from five primary sites: lung, colon, pancreas, female breast, and prostate (Table 2).

Table 2: Overall and Cancer Mortality in Benewah County and the State of Idaho, 2018–2022

Mortality 2018–2022	Benewah County	State of Idaho
All Deaths	**667**	**80,538**
Cancer Deaths	**121**	**15,233**
% of All Deaths	*18.1%*	*18.9%*
Lung & Bronchus	**33**	**2,937**
Colorectal	**5**	**1,332**
Pancreas	**11**	**1,190**
Female Breast	**8**	**1,111**
Prostate	**8**	**997**

Table 4 (*Cancer Mortality 2018–2022, Comparison between Benewah County and the Remainder of the State of Idaho*) shows the number of observed deaths, person-years, crude rates, age- and sex-adjusted rates, expected number of deaths based upon age- and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected deaths for Benewah County. The table also shows the number of observed deaths, person-years, and crude rates for the remainder of the state of Idaho. Comparisons between the county and the remainder of the state were made for all deaths, all cancer deaths, and 21 specific cancer types. Separate comparisons for males, females, and both sexes combined are included.

The age- and sex-adjusted cancer mortality rate for Benewah County, all sites combined, was 189.8 deaths per 100,000 persons per year during 2018–2022, compared with 164.9 for the remainder of the state. There were more cancer deaths in Benewah County (121) than expected (105.1) based upon rates in the remainder of the state, but the difference was not statistically significant.

Statistical Note: Rates and percentages based upon 12 or fewer cases or deaths (numerator) should be interpreted with caution.
Data Note: Mortality data may differ slightly from published official statistics from the Bureau of Vital Records and Health Statistics.

TABLE 3: CANCER INCIDENCE 2017–2021
COMPARISON BETWEEN BENEWAH COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cancer Site/Type	Sex	Benewah County						Remainder of Idaho		
		Observed Cases	Person Years	Crude Rate (1)	A.A.I. Rate (1,2)	Expected Cases (3)	P-Value (4)	Observed Cases	Person Years	Crude Rate (1)
All Sites Combined	Total	310	47,063	658.7	498.9	326.7	0.372	47,023	8,945,043	525.7
All Sites Combined	Male	176	24,082	730.8	522.6	188.3	0.392	25,094	4,488,191	559.1
All Sites Combined	Female	134	22,981	583.1	464.2	142.0	0.533	21,929	4,456,852	492.0
Bladder	Total	20	47,063	42.5	30.9	15.9	0.361	2,200	8,945,043	24.6
Bladder	Male	15	24,082	62.3	42.6	13.8	0.815	1,758	4,488,191	39.2
Bladder	Female	5	22,981	21.8	16.7	3.0	0.359	442	4,456,852	9.9
Brain - malignant	Total	5	47,063	10.6	8.7	4.2	0.813	652	8,945,043	7.3
Brain - malignant	Male	1	24,082	4.2	3.3	2.5	0.561	381	4,488,191	8.5
Brain - malignant	Female	4	22,981	17.4	14.5	1.7	0.179	271	4,456,852	6.1
Brain and other CNS - non-malignant	Total	9	47,063	19.1	15.3	10.1	0.882	1,538	8,945,043	17.2
Brain and other CNS - non-malignant	Male	4	24,082	16.6	13.0	3.4	0.886	496	4,488,191	11.1
Brain and other CNS - non-malignant	Female	5	22,981	21.8	17.8	6.6	0.720	1,042	4,456,852	23.4
Breast	Total	44	47,063	93.5	72.4	47.3	0.694	6,964	8,945,043	77.9
Breast	Male	1	24,082	4.2	3.0	0.5	0.761	64	4,488,191	1.4
Breast	Female	43	22,981	187.1	147.6	45.1	0.828	6,900	4,456,852	154.8
Breast - in situ	Total	13	47,063	27.6	21.4	9.2	0.283	1,356	8,945,043	15.2
Breast - in situ	Male	1	24,082	4.2	3.6	0.0	0.037 >>	3	4,488,191	0.1
Breast - in situ	Female	12	22,981	52.2	40.7	9.0	0.385	1,353	4,456,852	30.4
Cervix	Female	1	22,981	4.4	4.1	1.6	1.000	293	4,456,852	6.6
Colorectal	Total	24	47,063	51.0	39.3	24.6	1.000	3,608	8,945,043	40.3
Colorectal	Male	12	24,082	49.8	36.6	14.3	0.653	1,965	4,488,191	43.8
Colorectal	Female	12	22,981	52.2	42.2	10.5	0.716	1,643	4,456,852	36.9
Corpus Uteri	Female	5	22,981	21.8	16.8	9.0	0.229	1,349	4,456,852	30.3
Esophagus	Total	6	47,063	12.7	9.3	3.6	0.311	501	8,945,043	5.6
Esophagus	Male	6	24,082	24.9	17.4	3.2	0.222	423	4,488,191	9.4
Esophagus	Female	-	22,981	-	-	0.5	1.000	78	4,456,852	1.8
Hodgkin Lymphoma	Total	-	47,063	-	-	1.2	0.588	222	8,945,043	2.5
Hodgkin Lymphoma	Male	-	24,082	-	-	0.8	0.941	129	4,488,191	2.9
Hodgkin Lymphoma	Female	-	22,981	-	-	0.5	1.000	93	4,456,852	2.1
Kidney and Renal Pelvis	Total	22	47,063	46.7	35.6	13.3	0.036 >>	1,929	8,945,043	21.6
Kidney and Renal Pelvis	Male	17	24,082	70.6	52.0	9.4	0.033 >>	1,293	4,488,191	28.8
Kidney and Renal Pelvis	Female	5	22,981	21.8	17.2	4.2	0.802	636	4,456,852	14.3
Larynx	Total	2	47,063	4.2	3.1	1.6	0.927	218	8,945,043	2.4
Larynx	Male	2	24,082	8.3	5.8	1.3	0.720	165	4,488,191	3.7
Larynx	Female	-	22,981	-	-	0.4	1.000	53	4,456,852	1.2
Leukemia	Total	5	47,063	10.6	8.2	11.7	0.048 <<	1,722	8,945,043	19.3
Leukemia	Male	5	24,082	20.8	15.2	7.5	0.475	1,031	4,488,191	23.0
Leukemia	Female	-	22,981	-	-	4.4	0.024 <<	691	4,456,852	15.5
Liver and Bile Duct	Total	9	47,063	19.1	14.0	6.0	0.308	834	8,945,043	9.3
Liver and Bile Duct	Male	7	24,082	29.1	20.5	4.5	0.328	587	4,488,191	13.1
Liver and Bile Duct	Female	2	22,981	8.7	6.7	1.7	0.993	247	4,456,852	5.5
Lung and Bronchus	Total	41	47,063	87.1	62.7	36.0	0.441	4,918	8,945,043	55.0
Lung and Bronchus	Male	22	24,082	91.4	62.3	19.4	0.621	2,473	4,488,191	55.1
Lung and Bronchus	Female	19	22,981	82.7	62.3	16.7	0.643	2,445	4,456,852	54.9
Melanoma of the Skin	Total	7	47,063	14.9	11.7	21.0	0.001 <<	3,137	8,945,043	35.1
Melanoma of the Skin	Male	5	24,082	20.8	15.2	13.8	0.013 <<	1,890	4,488,191	42.1
Melanoma of the Skin	Female	2	22,981	8.7	7.3	7.7	0.034 <<	1,247	4,456,852	28.0
Myeloma	Total	9	47,063	19.1	14.0	5.2	0.158	719	8,945,043	8.0
Myeloma	Male	4	24,082	16.6	11.6	3.4	0.885	443	4,488,191	9.9
Myeloma	Female	5	22,981	21.8	16.5	1.9	0.084	276	4,456,852	6.2
Non-Hodgkin Lymphoma	Total	16	47,063	34.0	25.9	13.7	0.594	1,976	8,945,043	22.1
Non-Hodgkin Lymphoma	Male	9	24,082	37.4	27.5	8.3	0.898	1,137	4,488,191	25.3
Non-Hodgkin Lymphoma	Female	7	22,981	30.5	24.1	5.5	0.620	839	4,456,852	18.8
Oral Cavity and Pharynx	Total	10	47,063	21.2	15.8	9.2	0.881	1,305	8,945,043	14.6
Oral Cavity and Pharynx	Male	10	24,082	41.5	30.0	6.9	0.322	930	4,488,191	20.7
Oral Cavity and Pharynx	Female	-	22,981	-	-	2.5	0.168	375	4,456,852	8.4
Ovary	Female	5	22,981	21.8	17.4	3.5	0.559	548	4,456,852	12.3
Pancreas	Total	13	47,063	27.6	20.4	10.5	0.518	1,475	8,945,043	16.5
Pancreas	Male	7	24,082	29.1	20.4	6.3	0.876	819	4,488,191	18.2
Pancreas	Female	6	22,981	26.1	20.3	4.4	0.547	656	4,456,852	14.7
Prostate	Male	38	24,082	157.8	109.4	52.1	0.052	6,728	4,488,191	149.9
Stomach	Total	6	47,063	12.7	9.7	3.2	0.218	468	8,945,043	5.2
Stomach	Male	6	24,082	24.9	17.7	2.3	0.057	301	4,488,191	6.7
Stomach	Female	-	22,981	-	-	1.0	0.706	167	4,456,852	3.7
Testis	Male	2	24,082	8.3	9.8	1.2	0.699	272	4,488,191	6.1
Thyroid	Total	4	47,063	8.5	7.7	6.8	0.380	1,181	8,945,043	13.2
Thyroid	Male	1	24,082	4.2	3.5	2.4	0.621	371	4,488,191	8.3
Thyroid	Female	3	22,981	13.1	12.3	4.4	0.709	810	4,456,852	18.2
Pediatric Age 0 to 19	Total	3	11,400	26.3	26.6	1.9	0.599	422	2,487,924	17.0
Pediatric Age 0 to 19	Male	2	5,996	33.4	33.5	1.0	0.528	212	1,268,325	16.7
Pediatric Age 0 to 19	Female	1	5,404	18.5	18.9	0.9	1.000	210	1,219,599	17.2

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).

2. Age and sex-adjusted incidence (A.A.I.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.

3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).

4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.

"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Note: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

TABLE 4: CANCER MORTALITY 2018–2022
COMPARISON BETWEEN BENEWAH COUNTY AND THE REMAINDER OF THE STATE OF IDAHO

Cause of Death Cancer Site/Type	Sex	Benewah County						Remainder of Idaho		
		Observed Deaths	Person Years	Crude Rate (1)	A.A.M. Rate (1,2)	Expected Deaths (3)	P-Value (4)	Observed Deaths	Person Years	Crude Rate (1)
All Causes of Death	Total	667	48,266	1,381.9	1,109.6	524.0	0.000 >>	79,868	9,163,128	871.6
All Causes of Death	Male	370	24,787	1,492.7	1,094.5	311.5	0.001 >>	42,416	4,602,910	921.5
All Causes of Death	Female	297	23,479	1,265.0	1,120.2	217.7	0.000 >>	37,452	4,560,218	821.3
All Malignant Cancers	Total	121	48,266	250.7	189.8	105.1	0.139	15,112	9,163,128	164.9
All Malignant Cancers	Male	69	24,787	278.4	195.9	62.5	0.442	8,166	4,602,910	177.4
All Malignant Cancers	Female	52	23,479	221.5	178.5	44.4	0.286	6,946	4,560,218	152.3
Bladder	Total	6	48,266	12.4	9.7	3.2	0.221	479	9,163,128	5.2
Bladder	Male	6	24,787	24.2	16.8	2.9	0.140	369	4,602,910	8.0
Bladder	Female	-	23,479	-	-	0.7	1.000	110	4,560,218	2.4
Brain and Other Nervous System	Total	1	48,266	2.1	1.6	3.5	0.270	517	9,163,128	5.6
Brain and Other Nervous System	Male	-	24,787	-	-	2.1	0.253	289	4,602,910	6.3
Brain and Other Nervous System	Female	1	23,479	4.3	3.4	1.5	1.000	228	4,560,218	5.0
Breast	Total	9	48,266	18.6	14.6	7.5	0.683	1,115	9,163,128	12.2
Breast	Male	1	24,787	4.0	2.8	0.1	0.177	12	4,602,910	0.3
Breast	Female	8	23,479	34.1	28.0	6.9	0.776	1,103	4,560,218	24.2
Cervix	Female	-	23,479	-	-	0.5	1.000	88	4,560,218	1.9
Colorectal	Total	5	48,266	10.4	8.0	9.1	0.225	1,327	9,163,128	14.5
Colorectal	Male	4	24,787	16.1	11.7	5.4	0.743	728	4,602,910	15.8
Colorectal	Female	1	23,479	4.3	3.5	3.7	0.231	599	4,560,218	13.1
Corpus Uteri	Female	1	23,479	4.3	3.3	1.1	1.000	168	4,560,218	3.7
Esophagus	Total	4	48,266	8.3	6.1	3.3	0.822	457	9,163,128	5.0
Esophagus	Male	4	24,787	16.1	11.3	3.0	0.694	387	4,602,910	8.4
Esophagus	Female	-	23,479	-	-	0.4	1.000	70	4,560,218	1.5
Hodgkin Lymphoma	Total	-	48,266	-	-	0.2	1.000	25	9,163,128	0.3
Hodgkin Lymphoma	Male	-	24,787	-	-	0.1	1.000	14	4,602,910	0.3
Hodgkin Lymphoma	Female	-	23,479	-	-	0.1	1.000	11	4,560,218	0.2
Kidney	Total	3	48,266	6.2	4.7	2.7	1.000	383	9,163,128	4.2
Kidney	Male	2	24,787	8.1	5.7	1.9	1.000	244	4,602,910	5.3
Kidney	Female	1	23,479	4.3	3.4	0.9	1.000	139	4,560,218	3.0
Larynx	Total	1	48,266	2.1	1.5	0.5	0.826	75	9,163,128	0.8
Larynx	Male	1	24,787	4.0	2.8	0.5	0.781	64	4,602,910	1.4
Larynx	Female	-	23,479	-	-	0.1	1.000	11	4,560,218	0.2
Leukemia	Total	6	48,266	12.4	9.6	4.5	0.596	659	9,163,128	7.2
Leukemia	Male	4	24,787	16.1	11.5	3.0	0.697	393	4,602,910	8.5
Leukemia	Female	2	23,479	8.5	7.1	1.6	0.981	266	4,560,218	5.8
Liver and Bile Duct	Total	6	48,266	12.4	9.2	4.5	0.593	629	9,163,128	6.9
Liver and Bile Duct	Male	4	24,787	16.1	11.4	3.2	0.794	419	4,602,910	9.1
Liver and Bile Duct	Female	2	23,479	8.5	6.6	1.4	0.811	210	4,560,218	4.6
Lung and Bronchus	Total	33	48,266	68.4	50.2	20.8	0.017 >>	2,904	9,163,128	31.7
Lung and Bronchus	Male	15	24,787	60.5	41.7	11.9	0.440	1,526	4,602,910	33.2
Lung and Bronchus	Female	18	23,479	76.7	59.7	9.1	0.012 >>	1,378	4,560,218	30.2
Melanoma of the Skin	Total	-	48,266	-	-	2.1	0.256	301	9,163,128	3.3
Melanoma of the Skin	Male	-	24,787	-	-	1.5	0.446	200	4,602,910	4.3
Melanoma of the Skin	Female	-	23,479	-	-	0.6	1.000	101	4,560,218	2.2
Myeloma	Total	5	48,266	10.4	7.7	2.3	0.159	320	9,163,128	3.5
Myeloma	Male	3	24,787	12.1	8.4	1.4	0.352	185	4,602,910	4.0
Myeloma	Female	2	23,479	8.5	6.7	0.9	0.439	135	4,560,218	3.0
Non-Hodgkin Lymphoma	Total	3	48,266	6.2	4.7	3.9	0.897	565	9,163,128	6.2
Non-Hodgkin Lymphoma	Male	1	24,787	4.0	2.8	2.4	0.631	309	4,602,910	6.7
Non-Hodgkin Lymphoma	Female	2	23,479	8.5	7.0	1.6	0.949	256	4,560,218	5.6
Oral Cavity and Pharynx	Total	1	48,266	2.1	1.5	1.9	0.841	274	9,163,128	3.0
Oral Cavity and Pharynx	Male	1	24,787	4.0	2.8	1.5	1.000	191	4,602,910	4.1
Oral Cavity and Pharynx	Female	-	23,479	-	-	0.5	1.000	83	4,560,218	1.8
Ovary	Female	-	23,479	-	-	2.4	0.185	361	4,560,218	7.9
Pancreas	Total	11	48,266	22.8	16.9	8.4	0.449	1,179	9,163,128	12.9
Pancreas	Male	4	24,787	16.1	11.3	5.0	0.891	646	4,602,910	14.0
Pancreas	Female	7	23,479	29.8	23.4	3.5	0.131	533	4,560,218	11.7
Prostate	Male	8	24,787	32.3	22.3	7.7	1.000	989	4,602,910	21.5
Stomach	Total	2	48,266	4.1	3.3	1.3	0.737	192	9,163,128	2.1
Stomach	Male	2	24,787	8.1	5.8	0.9	0.440	117	4,602,910	2.5
Stomach	Female	-	23,479	-	-	0.5	1.000	75	4,560,218	1.6

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).
2. Age and sex-adjusted mortality (A.A.M.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.
3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).
4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.
"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Notes: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.
Mortality statistics presented differ from BVRHS official statistics due to differences in methodology.

Data Source: Bureau of Vital Records and Health Statistics (BVRHS), Division of Public Health, Idaho Department of Health and Welfare, 2023.

Cancer Screening and Risk Factors

The Division of Public Health (DPH), Idaho Department of Health and Welfare, under a cooperative agreement with the Centers for Disease Control and Prevention, has conducted telephone Behavioral Risk Factor Surveys since 1984. These surveys are conducted with randomly selected adult Idahoans to measure population prevalences of risk factors for major causes of death in the U.S., including cancer. DPH provided Behavioral Risk Factor Surveillance System (BRFSS) data from 2011 through 2022 to CDRI staff, who performed the analyses reported in these *County Profiles*. Analysis weights were post-stratified to 2022 population estimates by age group, sex, and county, beginning with the BRFSS raked weights. Not all questions were asked in all years. Crude prevalence estimates are presented herein; a minimum of 50 respondents was required to generate county-level statistics. Results may differ from IDHW reports due to differences in methods. Cancer screening and risk factor measures were selected to assist in monitoring *Comprehensive Cancer Alliance for Idaho* (CCAI) objectives. Wald log-linear chi-square statistics were used to test for independence of the selected measures and other variables, such as age and race, taking the complex survey design into account.

Cancer Screening and Risk Factor Prevalence Estimates, 2011–2022

Measure	State of Idaho	HD 1	HD 2	HD 3	HD 4	HD 5	HD 6	HD 7	Benewah County
Access to Care									
Have Health Insurance, Age < 65 (2021–2022)	90.0%	89.3%	87.8%	86.4%	92.6%	87.2%	89.1%	92.6%	92.9%
Not See Doctor Due to Cost in Past Year (2020–2022)	10.4%	9.5%	11.0%	11.0%	10.2%	10.2%	10.4%	11.3%	9.2%
Cancer Screening									
Mammogram Past 2 Years, Age 40–74 (2014–2022, even years)	62.9%	61.0%	70.0%	60.3%	66.1%	58.9%	61.0%	62.5%	59.1%
Pap Test Past 3 Years, Cervix Intact Age 21–65 (2018, 2020)	71.1%	73.7%	73.6%	70.9%	72.9%	69.4%	69.3%	65.5%	.
Colorectal Cancer Screening, Age 45–75 (2022)	63.3%	61.0%	62.5%	60.8%	67.2%	65.0%	60.4%	60.2%	.
Tobacco Use									
Current Tobacco User (2020–2022)	22.1%	24.3%	20.4%	24.8%	21.3%	22.5%	22.6%	18.1%	24.4%
Other Cancer-Related									
Healthy Weight by Body Mass Index, Age 20+ (2020–2022)	30.0%	30.0%	30.1%	26.5%	33.7%	27.5%	26.7%	30.2%	31.7%
Any Physical Activity Besides Job Past 30 Days (2018–2022)	79.1%	79.0%	78.0%	75.4%	82.7%	75.2%	76.7%	81.0%	72.9%
Meet Physical Activity Guidelines (2011, 2013, 2015, 2017, 2019)	22.0%	22.8%	19.2%	20.0%	25.2%	19.5%	20.4%	20.3%	22.7%
Home Ever Tested for Radon (2016, 2018, 2020)	22.9%	30.8%	18.3%	16.9%	25.2%	20.1%	23.0%	21.0%	15.3%

Access to Care

Have Health Insurance – 2021–2022
Statewide, 90.0% of adults aged 18–64 reported having health care coverage. Health care coverage differed significantly by race/ethnicity, with 91.4% of white non-Hispanics, compared to 81.5% of Hispanics and 90.5% of Native Americans, having health insurance. Spanish-speaking respondents were significantly less likely to be insured (46.0%) than English-speaking respondents (90.5%). Health care coverage differed significantly by age of respondent, with 87.2% of persons aged 18–29, and 93.4% of persons aged 50–64, having health insurance. Health care coverage differed significantly by county, with a range of 64.8% in Idaho County to 95.9% in Shoshone County having health insurance.

Not See Doctor Due to Cost in Past Year – 2020–2022
Statewide, 10.4% of adults aged 18+ reported they needed to see a doctor but could not because of cost sometime in the past 12 months. Inability to see a doctor due to cost differed significantly by race/ethnicity (9.2% of white non-Hispanics, 16.9% of Hispanics, and 15.7% of Native Americans). Inability to see a doctor due to cost differed significantly by annual household income (21.9% for less than $15,000, 5.8% for greater than $50,000).

Cancer Screening

Mammogram – 2014–2022, even years
Statewide, 62.9% of women aged 40–74 reported having a mammogram in the past 2 years. Insured women were about twice as likely to have had a mammogram in the past 2 years (66.3% versus 31.2%). Mammography rates differed significantly by county, with a range in screening of 41.6% in Owyhee County to 76.1% in Nez Perce County. In 2022, Idaho ranked 49th among states and the District of Columbia for mammography screening rates among women aged 40+.

Pap Test – 2018, 2020
Statewide, 71.1% of women with an intact cervix and aged 21–65 reported having a Pap test in the past 3 years. Women with health insurance were significantly more likely to have timely Pap screening than uninsured women (75.0% versus 52.8% screened in the past 3 years). Pap screening differed significantly by county, with a range of 50.6% in Bingham County to 78.9% in Bannock County. In 2020, Idaho ranked 49th among states and the District of Columbia for Pap screening rate.

Colorectal Cancer Screening – 2022
Statewide, 63.3% of adults aged 45–75 reported being current for colorectal cancer screening.** Persons with health insurance were over twice as likely to be current for colorectal cancer screening. In 2022, Idaho ranked 42nd among states and the District of Columbia in the percentage of adults aged 45–75 and older who reported being up-to-date for colorectal cancer screening.

** Current for colorectal cancer screening means a blood stool test in the past year, sigmoidoscopy in the past 5 years and blood stool test in the past 3 years, blood stool DNA test in the past 3 years, virtual colonoscopy in the past 5 years, or a colonoscopy in the past 10 years.

Cancer Screening and Risk Factors

Tobacco Use

Current Tobacco Use – 2020–2022
Current tobacco use includes at least 1 form of cigarettes; cigars, cigarillos, filtered little cigars; regular pipes, water pipes, hookah; e-cigarettes; and/or smokeless tobacco products every day or some days. Statewide, 22.1% of adults aged 18 and older were current tobacco users. Tobacco use differed significantly by age of respondent, with 28.9% of persons aged 18–29, and 10.7% of persons aged 65 and older reporting current tobacco use. Tobacco use was lower among white non-Hispanics (21.5%) than among Native Americans (38.0%). Tobacco use differed significantly by county, with a range of 6.1% in Madison County to 33.5% in Elmore County. Counties with higher rates of tobacco use had significantly higher rates of lung cancer.

Other Cancer-Related

Healthy Weight by Body Mass Index – 2020–2022
Statewide, 30.0% of adults aged 20 and older were in the healthy weight range as measured by body mass index (BMI 18.5–24.9). BMI differed significantly by race/ethnicity, with 30.5% of white non-Hispanics, compared to 25.8% of Hispanics and 21.5% of Native Americans, being in the healthy weight range. Males (24.4%) were significantly less likely to be in the healthy weight range than females (35.7%). BMI differed significantly by age of respondent, with 41.1% of persons aged 18–29, and 23.4% of persons aged 50–64, being in the healthy weight range. BMI differed significantly by county, with a range of 11.7% in Power County to 44.3% in Blaine County of adults being in the healthy weight range.

Any Physical Activity – 2018-2022
CCAI is measuring physical activity with two metrics: Any physical activity besides job in past 30 days and meeting aerobic and strength physical activity guidelines during the past month or week. Statewide, 79.1% of adults aged 18 and older reported physical activity besides their job in the past 30 days. Physical activity differed significantly by age of respondent, with 83.7% of persons aged 18–29, and 72.5% of persons aged 65+, reporting any physical activity besides their job. The percentage of adults reporting any physical activity differed significantly by county, with a range of 66.9% in Oneida County to 88.3% in Teton County. Counties with higher rates of physical activity had significantly lower rates of overall and colorectal cancer.

Physical Activity Guidelines – 2011, 2013, 2015, 2017, 2019
Statewide, 22.0% of adults aged 18 and older met aerobic and strength physical activity guidelines during the past month or week. Meeting physical activity guidelines differed significantly by age of respondent, with 26.2% of persons aged 18–29, and 19.2% of persons aged 50–64, meeting guidelines. The percentage of adults meeting physical activity guidelines differed significantly by county, with a range of 9.5% in Franklin County to 30.7% in Blaine County.

Home Radon Testing – 2016, 2018, 2020
Statewide, 22.9% of adults have ever tested their house for radon. Radon test usage varied significantly by race/ethnicity, with 25.1% of white non-Hispanics, 7.3% of Hispanics, and 25.4% of Native Americans having ever tested their house for radon. Radon test usage was higher for persons aged 50+ than for younger persons. Home radon testing differed significantly by county, with a range of 8.7% in Cassia County to 54.7% in Blaine County.

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CDRI Cancer Data Registry of Idaho

Idaho Hospital Association