

# BEAR LAKE COUNTY CANCER PROFILE

*A publication from the Cancer Data Registry of Idaho,  
Idaho Hospital Association.*

**Cancer Incidence 2017–2021  
Cancer Mortality 2018–2022  
BRFSS 2011–2022**

## CANCER

Cancer is a group of over 100 different diseases, each characterized by the uncontrolled growth and spread of abnormal cells. Cancer risk increases with age and varies by gender and race. As the average age of the population increases, the incidence of cancer will increase as well.

An estimated 42% of all cancers in the United States are due to personal lifestyle factors, such as smoking and sedentary lifestyle, and are preventable (10.3322/caac.21440). Cancers are also attributable to environmental factors and gene-environment interactions. Other non-modifiable factors, such as age, sex, and family history of specific cancers, are also associated with cancer risk and can help identify people at elevated risk for developing cancer.

For some cancers, early detection can save lives. For example, colorectal cancer screening reduces mortality in adults aged 50–75 years (10.1001/jama.2017.3332). Improved primary prevention, early detection, and effective treatment can reduce the burden of cancer in Idaho.

## RISK FACTORS AND INTERVENTIONS

### Aging:

As the population ages, the number of new cancer cases and cancer deaths that occur each year will continue to increase. This trend could be reversed through significant improvements in primary prevention, early detection, and treatment.

### Smoking:

Smoking and the use of smokeless tobacco are responsible for most cancers of the lung, trachea, bronchus, larynx, pharynx, oral cavity, and esophagus. Smoking is the leading cause of preventable death in the United States (PMID: 24455788).

### Diet:

The U.S. Departments of Agriculture and Health and Human Services recommend the following dietary guidelines: eat a variety of foods; choose a diet with plenty of fruits, vegetables, and whole-grain products; limit the use of sugar, salt, and solid fats; and minimize alcoholic beverage consumption. For details, see <https://www.dietaryguidelines.gov>

### Screening:

Early detection through screening reduces morbidity and mortality for cancers that can be diagnosed early and treated.

## FOR MORE INFORMATION

Cancer Data Registry of Idaho  
P.O. Box 1278  
Boise, ID 83701  
208-489-1380  
<https://www.idcancer.org>

National Cancer Institute  
Cancer Information Services  
1-800-4CANCER  
<https://www.cancer.gov/contact>

American Cancer Society  
<https://www.cancer.org>

## CANCER INCIDENCE 2017–2021

Nearly one in two Idahoans are estimated to develop cancer during their lifetime. During 2017–2021, 47,333 cases of invasive cancer were diagnosed among Idaho residents, and 171 cases of invasive cancer were diagnosed among Bear Lake County residents (Table 1).

**Table 1:** Incidence of All Cancers, Female Breast, Prostate, Lung and Bronchus, and Colorectal Cancers in Bear Lake County and the State of Idaho, 2017–2021

Cancer Incidence 2017–2021	Bear Lake County	State of Idaho
All Sites/Types	171	47,333
Female Breast	16	6,943
Prostate	24	6,766
Lung & Bronchus	15	4,959
Colorectal	14	3,632

Table 3 (*Cancer Incidence 2017–2021, Comparison between Bear Lake County and the Remainder of the State of Idaho*) shows the number of observed cases, person-years, crude rates, age- and sex-adjusted rates, expected number of cases based upon age- and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected cases in Bear Lake County. The table also shows the number of observed cases,

person-years, and crude rates for the remainder of the state of Idaho. Comparisons between the county and the remainder of the state were made for all cancers combined, 23 invasive cancer types, in situ breast cancer, non-malignant brain and other central nervous system tumors, and pediatric (0–19 years) cancer. Separate comparisons for males, females, and both sexes combined are included.

As shown in Table 3, the crude incidence rate of invasive cancer in Bear Lake County was 553.6 cases per 100,000 person-years per year during 2017–2021. Comparing this crude rate with the crude rate for the remainder of Idaho (526.3) gives an estimate of the relative burden of disease in Bear Lake County.

The age- and sex-adjusted incidence rate of invasive cancer in Bear Lake County, all sites combined, was 467.1 cases per 100,000 persons per year during 2017–2021. There were fewer cases of cancer in Bear Lake County (171) than expected (192.7) based upon rates in the remainder of the state, but the difference was not statistically significant.

There are many reasons why cancer incidence rates differ by county, such as the prevalence of smoking and other lifestyle factors, and access to healthcare.

## CANCER MORTALITY 2018–2022

During 2018–2022, cancer was the second leading cause of death in Idaho; 15,233 Idaho residents and 61 Bear Lake County residents died from cancer during this period. Most cancer deaths are from five primary sites: lung, colon, pancreas, female breast, and prostate (Table 2).

**Table 2:** Overall and Cancer Mortality in Bear Lake County and the State of Idaho, 2018–2022

Mortality 2018–2022	Bear Lake County	State of Idaho
All Deaths	342	80,538
Cancer Deaths	61	15,233
% of All Deaths	17.8%	18.9%
Lung & Bronchus	12	2,937
Colorectal	9	1,332
Pancreas	3	1,190
Female Breast	5	1,111
Prostate	4	997

Table 4 (*Cancer Mortality 2018–2022, Comparison between Bear Lake County and the Remainder of the State of Idaho*) shows the number of observed deaths, person-years, crude rates, age- and sex-adjusted rates, expected number of deaths based upon age- and sex-specific rates in the remainder of Idaho, and p-values for tests comparing the number of observed and expected deaths for Bear Lake County. The table also shows the number of observed deaths, person-years, and crude rates for the remainder of the state of Idaho. Comparisons between the county and the remainder of the state were made for all deaths, all cancer deaths, and 21 specific cancer types. Separate comparisons for males, females, and both sexes combined are included.

The age- and sex-adjusted cancer mortality rate for Bear Lake County, all sites combined, was 156.1 deaths per 100,000 persons per year during 2018–2022, compared with 165.3 for the remainder of the state. There were fewer cancer deaths in Bear Lake County (61) than expected (64.6) based upon rates in the remainder of the state, but the difference was not statistically significant.

**Statistical Note:** Rates and percentages based upon 12 or fewer cases or deaths (numerator) should be interpreted with caution.

**Data Note:** Mortality data may differ slightly from published official statistics from the Bureau of Vital Records and Health Statistics.

**TABLE 3: CANCER INCIDENCE 2017–2021**  
**COMPARISON BETWEEN BEAR LAKE COUNTY AND THE REMAINDER OF THE STATE OF IDAHO**

Cancer Site/Type	Sex	Bear Lake County						Remainder of Idaho		
		Observed Cases	Person Years	Crude Rate (1)	A.A.I. Rate (1,2)	Expected Cases (3)	P-Value (4)	Observed Cases	Person Years	Crude Rate (1)
All Sites Combined	Total	171	30,888	553.6	467.1	192.7	0.123	47,162	8,961,218	526.3
All Sites Combined	Male	106	15,416	687.6	562.8	105.4	0.979	25,164	4,496,857	559.6
All Sites Combined	Female	65	15,472	420.1	365.0	87.7	0.014 <<	21,998	4,464,361	492.7
Bladder	Total	13	30,888	42.1	33.3	9.6	0.346	2,207	8,961,218	24.6
Bladder	Male	12	15,416	77.8	60.4	7.8	0.194	1,761	4,496,857	39.2
Bladder	Female	1	15,472	6.5	5.3	1.9	0.869	446	4,464,361	10.0
Brain - malignant	Total	4	30,888	13.0	11.5	2.5	0.495	653	8,961,218	7.3
Brain - malignant	Male	1	15,416	6.5	5.8	1.5	1.000	381	4,496,857	8.5
Brain - malignant	Female	3	15,472	19.4	17.2	1.1	0.183	272	4,464,361	6.1
Brain and other CNS - non-malignant	Total	12	30,888	38.9	33.8	6.1	0.044 >>	1,535	8,961,218	17.1
Brain and other CNS - non-malignant	Male	3	15,416	19.5	16.9	2.0	0.626	497	4,496,857	11.1
Brain and other CNS - non-malignant	Female	9	15,472	58.2	51.0	4.1	0.049 >>	1,038	4,464,361	23.3
Breast	Total	17	30,888	55.0	48.2	27.5	0.044 <<	6,991	8,961,218	78.0
Breast	Male	1	15,416	6.5	5.3	0.3	0.474	64	4,496,857	1.4
Breast	Female	16	15,472	103.4	91.5	27.1	0.030 <<	6,927	4,464,361	155.2
Breast - in situ	Total	4	30,888	13.0	11.6	5.2	0.797	1,365	8,961,218	15.2
Breast - in situ	Male	-	15,416	-	-	0.0	1.000	4	4,496,857	0.1
Breast - in situ	Female	4	15,472	25.9	23.4	5.2	0.808	1,361	4,464,361	30.5
Cervix	Female	2	15,472	12.9	13.3	1.0	0.518	292	4,464,361	6.5
Colorectal	Total	14	30,888	45.3	38.5	14.7	0.999	3,618	8,961,218	40.4
Colorectal	Male	10	15,416	64.9	54.8	8.0	0.563	1,967	4,496,857	43.7
Colorectal	Female	4	15,472	25.9	22.1	6.7	0.404	1,651	4,464,361	37.0
Corpus Uteri	Female	3	15,472	19.4	17.2	5.3	0.459	1,351	4,464,361	30.3
Esophagus	Total	2	30,888	6.5	5.3	2.1	1.000	505	8,961,218	5.6
Esophagus	Male	2	15,416	13.0	10.5	1.8	1.000	427	4,496,857	9.5
Esophagus	Female	-	15,472	-	-	0.3	1.000	78	4,464,361	1.7
Hodgkin Lymphoma	Total	1	30,888	3.2	3.2	0.8	1.000	221	8,961,218	2.5
Hodgkin Lymphoma	Male	-	15,416	-	-	0.5	1.000	129	4,496,857	2.9
Hodgkin Lymphoma	Female	1	15,472	6.5	6.6	0.3	0.536	92	4,464,361	2.1
Kidney and Renal Pelvis	Total	4	30,888	13.0	11.0	7.9	0.215	1,947	8,961,218	21.7
Kidney and Renal Pelvis	Male	4	15,416	25.9	21.9	5.3	0.777	1,306	4,496,857	29.0
Kidney and Renal Pelvis	Female	-	15,472	-	-	2.6	0.151	641	4,464,361	14.4
Larynx	Total	1	30,888	3.2	2.7	0.9	1.000	219	8,961,218	2.4
Larynx	Male	1	15,416	6.5	5.2	0.7	1.000	166	4,496,857	3.7
Larynx	Female	-	15,472	-	-	0.2	1.000	53	4,464,361	1.2
Leukemia	Total	9	30,888	29.1	24.3	7.1	0.567	1,718	8,961,218	19.2
Leukemia	Male	7	15,416	45.4	37.3	4.3	0.287	1,029	4,496,857	22.9
Leukemia	Female	2	15,472	12.9	11.0	2.8	0.930	689	4,464,361	15.4
Liver and Bile Duct	Total	4	30,888	13.0	10.8	3.5	0.913	839	8,961,218	9.4
Liver and Bile Duct	Male	2	15,416	13.0	10.6	2.5	1.000	592	4,496,857	13.2
Liver and Bile Duct	Female	2	15,472	12.9	10.9	1.0	0.539	247	4,464,361	5.5
Lung and Bronchus	Total	15	30,888	48.6	38.7	21.4	0.194	4,944	8,961,218	55.2
Lung and Bronchus	Male	10	15,416	64.9	50.8	10.9	0.948	2,485	4,496,857	55.3
Lung and Bronchus	Female	5	15,472	32.3	26.2	10.5	0.099	2,459	4,464,361	55.1
Melanoma of the Skin	Total	14	30,888	45.3	39.1	12.5	0.744	3,130	8,961,218	34.9
Melanoma of the Skin	Male	9	15,416	58.4	48.5	7.8	0.755	1,886	4,496,857	41.9
Melanoma of the Skin	Female	5	15,472	32.3	29.3	4.8	1.000	1,244	4,464,361	27.9
Myeloma	Total	2	30,888	6.5	5.3	3.1	0.815	726	8,961,218	8.1
Myeloma	Male	2	15,416	13.0	10.4	1.9	1.000	445	4,496,857	9.9
Myeloma	Female	-	15,472	-	-	1.2	0.613	281	4,464,361	6.3
Non-Hodgkin Lymphoma	Total	9	30,888	29.1	24.6	8.1	0.845	1,983	8,961,218	22.1
Non-Hodgkin Lymphoma	Male	6	15,416	38.9	32.5	4.7	0.656	1,140	4,496,857	25.4
Non-Hodgkin Lymphoma	Female	3	15,472	19.4	16.4	3.4	1.000	843	4,464,361	18.9
Oral Cavity and Pharynx	Total	3	30,888	9.7	8.3	5.3	0.452	1,312	8,961,218	14.6
Oral Cavity and Pharynx	Male	2	15,416	13.0	10.9	3.8	0.533	938	4,496,857	20.9
Oral Cavity and Pharynx	Female	1	15,472	6.5	5.6	1.5	1.000	374	4,464,361	8.4
Ovary	Female	1	15,472	6.5	5.7	2.2	0.732	552	4,464,361	12.4
Pancreas	Total	4	30,888	13.0	10.5	6.3	0.491	1,484	8,961,218	16.6
Pancreas	Male	3	15,416	19.5	15.5	3.5	1.000	823	4,496,857	18.3
Pancreas	Female	1	15,472	6.5	5.3	2.8	0.470	661	4,464,361	14.8
Prostate	Male	24	15,416	155.7	125.8	28.6	0.450	6,742	4,496,857	149.9
Stomach	Total	1	30,888	3.2	2.7	2.0	0.832	473	8,961,218	5.3
Stomach	Male	1	15,416	6.5	5.3	1.3	1.000	306	4,496,857	6.8
Stomach	Female	-	15,472	-	-	0.7	1.000	167	4,464,361	3.7
Testis	Male	1	15,416	6.5	7.4	0.8	1.000	273	4,496,857	6.1
Thyroid	Total	5	30,888	16.2	16.0	4.1	0.784	1,180	8,961,218	13.2
Thyroid	Male	3	15,416	19.5	17.9	1.4	0.320	369	4,496,857	8.2
Thyroid	Female	2	15,472	12.9	13.3	2.7	0.971	811	4,464,361	18.2
Pediatric Age 0 to 19	Total	2	9,005	22.2	22.3	1.5	0.899	423	2,490,319	17.0
Pediatric Age 0 to 19	Male	1	4,561	21.9	21.8	0.8	1.000	213	1,269,760	16.8
Pediatric Age 0 to 19	Female	1	4,444	22.5	23.0	0.7	1.000	210	1,220,559	17.2

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).

2. Age and sex-adjusted incidence (A.A.I.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.

3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).

4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.

"<<" denotes significantly fewer cases observed than expected, ">>" denotes significantly more cases observed than expected (p=.05).

Statistical Note: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

**TABLE 4: CANCER MORTALITY 2018–2022**  
**COMPARISON BETWEEN BEAR LAKE COUNTY AND THE REMAINDER OF THE STATE OF IDAHO**

Cause of Death Cancer Site/Type	Sex	Bear Lake County						Remainder of Idaho		
		Observed Deaths	Person Years	Crude Rate (1)	A.A.M. Rate (1,2)	Expected Deaths (3)	P-Value (4)	Observed Deaths	Person Years	Crude Rate (1)
All Causes of Death	Total	342	31,581	1,082.9	876.0	341.1	0.974	80,193	9,179,813	873.6
All Causes of Death	Male	182	15,820	1,150.4	915.6	183.6	0.944	42,604	4,611,877	923.8
All Causes of Death	Female	160	15,761	1,015.2	834.3	157.8	0.883	37,589	4,567,936	822.9
All Malignant Cancers	Total	61	31,581	193.2	156.1	64.6	0.714	15,172	9,179,813	165.3
All Malignant Cancers	Male	35	15,820	221.2	174.2	35.7	0.993	8,200	4,611,877	177.8
All Malignant Cancers	Female	26	15,761	165.0	136.2	29.1	0.643	6,972	4,567,936	152.6
Bladder	Total	1	31,581	3.2	2.5	2.1	0.736	484	9,179,813	5.3
Bladder	Male	1	15,820	6.3	4.7	1.7	0.978	374	4,611,877	8.1
Bladder	Female	-	15,761	-	-	0.5	1.000	110	4,567,936	2.4
Brain and Other Nervous System	Total	3	31,581	9.5	8.2	2.1	0.676	515	9,179,813	5.6
Brain and Other Nervous System	Male	1	15,820	6.3	5.4	1.2	1.000	288	4,611,877	6.2
Brain and Other Nervous System	Female	2	15,761	12.7	11.1	0.9	0.452	227	4,567,936	5.0
Breast	Total	5	31,581	15.8	13.1	4.6	0.988	1,119	9,179,813	12.2
Breast	Male	-	15,820	-	-	0.1	1.000	13	4,611,877	0.3
Breast	Female	5	15,761	31.7	26.9	4.5	0.935	1,106	4,567,936	24.2
Cervix	Female	-	15,761	-	-	0.3	1.000	88	4,567,936	1.9
Colorectal	Total	9	31,581	28.5	23.6	5.5	0.212	1,323	9,179,813	14.4
Colorectal	Male	5	15,820	31.6	25.9	3.0	0.383	727	4,611,877	15.8
Colorectal	Female	4	15,761	25.4	21.1	2.5	0.471	596	4,567,936	13.0
Corpus Uteri	Female	-	15,761	-	-	0.7	0.994	169	4,567,936	3.7
Esophagus	Total	2	31,581	6.3	5.2	1.9	1.000	459	9,179,813	5.0
Esophagus	Male	2	15,820	12.6	10.1	1.7	0.990	389	4,611,877	8.4
Esophagus	Female	-	15,761	-	-	0.3	1.000	70	4,567,936	1.5
Hodgkin Lymphoma	Total	-	31,581	-	-	0.1	1.000	25	9,179,813	0.3
Hodgkin Lymphoma	Male	-	15,820	-	-	0.1	1.000	14	4,611,877	0.3
Hodgkin Lymphoma	Female	-	15,761	-	-	0.0	1.000	11	4,567,936	0.2
Kidney	Total	1	31,581	3.2	2.5	1.7	1.000	385	9,179,813	4.2
Kidney	Male	1	15,820	6.3	5.0	1.1	1.000	245	4,611,877	5.3
Kidney	Female	-	15,761	-	-	0.6	1.000	140	4,567,936	3.1
Larynx	Total	-	31,581	-	-	0.3	1.000	76	9,179,813	0.8
Larynx	Male	-	15,820	-	-	0.3	1.000	65	4,611,877	1.4
Larynx	Female	-	15,761	-	-	0.0	1.000	11	4,567,936	0.2
Leukemia	Total	5	31,581	15.8	12.6	2.8	0.319	660	9,179,813	7.2
Leukemia	Male	3	15,820	19.0	14.8	1.7	0.501	394	4,611,877	8.5
Leukemia	Female	2	15,761	12.7	10.3	1.1	0.626	266	4,567,936	5.8
Liver and Bile Duct	Total	4	31,581	12.7	10.4	2.6	0.546	631	9,179,813	6.9
Liver and Bile Duct	Male	1	15,820	6.3	5.1	1.8	0.931	422	4,611,877	9.2
Liver and Bile Duct	Female	3	15,761	19.0	15.7	0.9	0.117	209	4,567,936	4.6
Lung and Bronchus	Total	12	31,581	38.0	30.2	12.6	1.000	2,925	9,179,813	31.9
Lung and Bronchus	Male	8	15,820	50.6	39.6	6.7	0.720	1,533	4,611,877	33.2
Lung and Bronchus	Female	4	15,761	25.4	20.4	6.0	0.578	1,392	4,567,936	30.5
Melanoma of the Skin	Total	1	31,581	3.2	2.6	1.3	1.000	300	9,179,813	3.3
Melanoma of the Skin	Male	1	15,820	6.3	5.1	0.8	1.000	199	4,611,877	4.3
Melanoma of the Skin	Female	-	15,761	-	-	0.4	1.000	101	4,567,936	2.2
Myeloma	Total	1	31,581	3.2	2.5	1.4	1.000	324	9,179,813	3.5
Myeloma	Male	1	15,820	6.3	4.9	0.8	1.000	187	4,611,877	4.1
Myeloma	Female	-	15,761	-	-	0.6	1.000	137	4,567,936	3.0
Non-Hodgkin Lymphoma	Total	3	31,581	9.5	7.5	2.4	0.885	565	9,179,813	6.2
Non-Hodgkin Lymphoma	Male	3	15,820	19.0	15.0	1.3	0.299	307	4,611,877	6.7
Non-Hodgkin Lymphoma	Female	-	15,761	-	-	1.1	0.651	258	4,567,936	5.6
Oral Cavity and Pharynx	Total	-	31,581	-	-	1.1	0.633	275	9,179,813	3.0
Oral Cavity and Pharynx	Male	-	15,820	-	-	0.8	0.880	192	4,611,877	4.2
Oral Cavity and Pharynx	Female	-	15,761	-	-	0.3	1.000	83	4,567,936	1.8
Ovary	Female	1	15,761	6.3	5.3	1.5	1.000	360	4,567,936	7.9
Pancreas	Total	3	31,581	9.5	7.7	5.1	0.516	1,187	9,179,813	12.9
Pancreas	Male	2	15,820	12.6	10.1	2.8	0.941	648	4,611,877	14.1
Pancreas	Female	1	15,761	6.3	5.2	2.3	0.679	539	4,567,936	11.8
Prostate	Male	4	15,820	25.3	18.9	4.6	1.000	993	4,611,877	21.5
Stomach	Total	-	31,581	-	-	0.8	0.902	194	9,179,813	2.1
Stomach	Male	-	15,820	-	-	0.5	1.000	119	4,611,877	2.6
Stomach	Female	-	15,761	-	-	0.3	1.000	75	4,567,936	1.6

Notes: 1. Rates are expressed as the number of cases per 100,000 persons per year (person-years).

2. Age and sex-adjusted mortality (A.A.M.) rates for county use age and sex-specific crude rates for the remainder of the state as standard.

3. Expected cases are based upon age and sex-specific rates for the remainder of the state of Idaho (compare to observed).

4. P-values compare observed and expected cases, are two tailed, based upon the Poisson probability distribution.

"<" denotes significantly fewer cases observed than expected, ">" denotes significantly more cases observed than expected (p=.05).

Statistical Notes: Rates based upon 12 or fewer cases (numerator) should be interpreted with caution.

Mortality statistics presented differ from BVRHS official statistics due to differences in methodology.

Data Source: Bureau of Vital Records and Health Statistics (BVRHS), Division of Public Health, Idaho Department of Health and Welfare, 2023.

## Cancer Screening and Risk Factors

The Division of Public Health (DPH), Idaho Department of Health and Welfare, under a cooperative agreement with the Centers for Disease Control and Prevention, has conducted telephone Behavioral Risk Factor Surveys since 1984. These surveys are conducted with randomly selected adult Idahoans to measure population prevalences of risk factors for major causes of death in the U.S., including cancer. DPH provided Behavioral Risk Factor Surveillance System (BRFSS) data from 2011 through 2022 to CDRI staff, who performed the analyses reported in these *County Profiles*. Analysis weights were post-stratified to 2022 population estimates by age group, sex, and county, beginning with the BRFSS raked weights. Not all questions were asked in all years. Crude prevalence estimates are presented herein; a minimum of 50 respondents was required to generate county-level statistics. Results may differ from IDHW reports due to differences in methods. Cancer screening and risk factor measures were selected to assist in monitoring *Comprehensive Cancer Alliance for Idaho* (CCAI) objectives. Wald log-linear chi-square statistics were used to test for independence of the selected measures and other variables, such as age and race, taking the complex survey design into account.

### Cancer Screening and Risk Factor Prevalence Estimates, 2011–2022

Measure	State of Idaho	HD 1	HD 2	HD 3	HD 4	HD 5	HD 6	HD 7	Bear Lake County
<b>Access to Care</b>									
Have Health Insurance, Age < 65 (2021–2022)	90.0%	89.3%	87.8%	86.4%	92.6%	87.2%	89.1%	92.6%	.
Not See Doctor Due to Cost in Past Year (2020–2022)	10.4%	9.5%	11.0%	11.0%	10.2%	10.2%	10.4%	11.3%	19.0%
<b>Cancer Screening</b>									
Mammogram Past 2 Years, Age 40–74 (2014–2022, even years)	62.9%	61.0%	70.0%	60.3%	66.1%	58.9%	61.0%	62.5%	.
Pap Test Past 3 Years, Cervix Intact Age 21–65 (2018, 2020)	71.1%	73.7%	73.6%	70.9%	72.9%	69.4%	69.3%	65.5%	.
Colorectal Cancer Screening, Age 45–75 (2022)	63.3%	61.0%	62.5%	60.8%	67.2%	65.0%	60.4%	60.2%	.
<b>Tobacco Use</b>									
Current Tobacco User (2020–2022)	22.1%	24.3%	20.4%	24.8%	21.3%	22.5%	22.6%	18.1%	16.4%
<b>Other Cancer-Related</b>									
Healthy Weight by Body Mass Index, Age 20+ (2020–2022)	30.0%	30.0%	30.1%	26.5%	33.7%	27.5%	26.7%	30.2%	23.7%
Any Physical Activity Besides Job Past 30 Days (2018–2022)	79.1%	79.0%	78.0%	75.4%	82.7%	75.2%	76.7%	81.0%	74.3%
Meet Physical Activity Guidelines (2011, 2013, 2015, 2017, 2019)	22.0%	22.8%	19.2%	20.0%	25.2%	19.5%	20.4%	20.3%	19.2%
Home Ever Tested for Radon (2016, 2018, 2020)	22.9%	30.8%	18.3%	16.9%	25.2%	20.1%	23.0%	21.0%	33.8%

#### Access to Care

##### Have Health Insurance – 2021–2022

Statewide, 90.0% of adults aged 18–64 reported having health care coverage. Health care coverage differed significantly by race/ethnicity, with 91.4% of white non-Hispanics, compared to 81.5% of Hispanics and 90.5% of Native Americans, having health insurance. Spanish-speaking respondents were significantly less likely to be insured (46.0%) than English-speaking respondents (90.5%). Health care coverage differed significantly by age of respondent, with 87.2% of persons aged 18–29, and 93.4% of persons aged 50–64, having health insurance. Health care coverage differed significantly by county, with a range of 64.8% in Idaho County to 95.9% in Shoshone County having health insurance.

##### Not See Doctor Due to Cost in Past Year – 2020–2022

Statewide, 10.4% of adults aged 18+ reported they needed to see a doctor but could not because of cost sometime in the past 12 months. Inability to see a doctor due to cost differed significantly by race/ethnicity (9.2% of white non-Hispanics, 16.9% of Hispanics, and 15.7% of Native Americans). Inability to see a doctor due to cost differed significantly by annual household income (21.9% for less than \$15,000, 5.8% for greater than \$50,000).

\*\* Current for colorectal cancer screening means a blood stool test in the past year, sigmoidoscopy in the past 5 years and blood stool test in the past 3 years, blood stool DNA test in the past 3 years, virtual colonoscopy in the past 5 years, or a colonoscopy in the past 10 years.

#### Cancer Screening

##### Mammogram – 2014–2022, even years

Statewide, 62.9% of women aged 40–74 reported having a mammogram in the past 2 years. Insured women were about twice as likely to have had a mammogram in the past 2 years (66.3% versus 31.2%). Mammography rates differed significantly by county, with a range in screening of 41.6% in Owyhee County to 76.1% in Nez Perce County. In 2022, Idaho ranked 49<sup>th</sup> among states and the District of Columbia for mammography screening rates among women aged 40+.

##### Pap Test – 2018, 2020

Statewide, 71.1% of women with an intact cervix and aged 21–65 reported having a Pap test in the past 3 years. Women with health insurance were significantly more likely to have timely Pap screening than uninsured women (75.0% versus 52.8% screened in the past 3 years). Pap screening differed significantly by county, with a range of 50.6% in Bingham County to 78.9% in Bannock County. In 2020, Idaho ranked 49<sup>th</sup> among states and the District of Columbia for Pap screening rate.

##### Colorectal Cancer Screening – 2022

Statewide, 63.3% of adults aged 45–75 reported being current for colorectal cancer screening.\*\* Persons with health insurance were over twice as likely to be current for colorectal cancer screening. In 2022, Idaho ranked 42<sup>nd</sup> among states and the District of Columbia in the percentage of adults aged 45–75 and older who reported being up-to-date for colorectal cancer screening.

## Cancer Screening and Risk Factors

### Tobacco Use

#### Current Tobacco Use – 2020–2022

Current tobacco use includes at least 1 form of cigarettes; cigars, cigarillos, filtered little cigars; regular pipes, water pipes, hookah; e-cigarettes; and/or smokeless tobacco products every day or some days. Statewide, 22.1% of adults aged 18 and older were current tobacco users. Tobacco use differed significantly by age of respondent, with 28.9% of persons aged 18–29, and 10.7% of persons aged 65 and older reporting current tobacco use. Tobacco use was lower among white non-Hispanics (21.5%) than among Native Americans (38.0%). Tobacco use differed significantly by county, with a range of 6.1% in Madison County to 33.5% in Elmore County. Counties with higher rates of tobacco use had significantly higher rates of lung cancer.

### Other Cancer-Related

#### Healthy Weight by Body Mass Index – 2020–2022

Statewide, 30.0% of adults aged 20 and older were in the healthy weight range as measured by body mass index (BMI 18.5–24.9). BMI differed significantly by race/ethnicity, with 30.5% of white non-Hispanics, compared to 25.8% of Hispanics and 21.5% of Native Americans, being in the healthy weight range. Males (24.4%) were significantly less likely to be in the healthy weight range than females (35.7%). BMI differed significantly by age of respondent, with 41.1% of persons aged 18–29, and 23.4% of persons aged 50–64, being in the healthy weight range. BMI differed significantly by county, with a range of 11.7% in Power County to 44.3% in Blaine County of adults being in the healthy weight range.

#### Any Physical Activity – 2018-2022

CCAI is measuring physical activity with two metrics: Any physical activity besides job in past 30 days and meeting aerobic and strength physical activity guidelines during the past month or week. Statewide, 79.1% of adults aged 18 and older reported physical activity besides their job in the past 30 days. Physical activity differed significantly by age of respondent, with 83.7% of persons aged 18–29, and 72.5% of persons aged 65+, reporting any physical activity besides their job. The percentage of adults reporting any physical activity differed significantly by county, with a range of 66.9% in Oneida County to 88.3% in Teton County. Counties with higher rates of physical activity had significantly lower rates of overall and colorectal cancer.

#### Physical Activity Guidelines – 2011, 2013, 2015, 2017, 2019

Statewide, 22.0% of adults aged 18 and older met aerobic and strength physical activity guidelines during the past month or week. Meeting physical activity guidelines differed significantly by age of respondent, with 26.2% of persons aged 18–29, and 19.2% of persons aged 50–64, meeting guidelines. The percentage of adults meeting physical activity guidelines differed significantly by county, with a range of 9.5% in Franklin County to 30.7% in Blaine County.

#### Home Radon Testing – 2016, 2018, 2020

Statewide, 22.9% of adults have ever tested their house for radon. Radon test usage varied significantly by race/ethnicity, with 25.1% of white non-Hispanics, 7.3% of Hispanics, and 25.4% of Native Americans having ever tested their house for radon. Radon test usage was higher for persons aged 50+ than for younger persons. Home radon testing differed significantly by county, with a range of 8.7% in Cassia County to 54.7% in Blaine County.

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